



Therese Hensler, LCSW
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Licensed Clinical Social Worker – Arizona
License number: LCSW-13583 ACTIVE Since 2012

Licensed Master Social Worker – Arizona
License number: LMSW-12793, Effective: July 1, 2009 to April 30, 2012

Advanced Practice Social Worker – Wisconsin
License number: 127373-121, Effective: December 10, 2007 to February 28, 2009

CERTIFICATIONS

Somatic Experiencing Practitioner – Since 2019
Trained Daring Way Facilitator - Since 2014
Compassionate Bereavement Care® (CBC) Since 2024
Resiliency & Regulation Certification Since 2020
DARe Levels I-IV (Dynamic Attachment Repatterning Experience) Since 2025

EDUCATION

Master of Social Work, August 2007 Arizona State University, College of Public Programs
Concentration: Policy, Administration, and Community / Specialization: Child Welfare

Bachelor of Arts in Psychology and Philosophy, May 2003 Marquette University, Helen Way Klinger
College of Arts and Sciences

PROFESSIONAL MEMBERSHIPS

National Social Worker Association Member 2009 - Current
Children's Services Network of Arizona Member 2012 - Current
ACE (Adverse Childhood Experience) Consortium Member 2013 - Current



Therese Giedraitis Hensler, LCSW

EMPLOYMENT

Private Practice Psychotherapist, Owner

Peaceful Mind Counseling Services – Scottsdale, AZ

April 2013 – Current

- Supporting individuals, adolescents and families recognize their full potential for positive change and peace in their world
- Specialized services for Complex PTSD, Trauma, Anxiety, Depression, Relationships, Grief, Attachment repair, Parent coaching
- Approved training Assistant for Somatic Experiencing program Beginning and Intermediate levels
- DARE Level 1 training assistant

Community and School Based Therapist, Behavioral Health Professional

Southwest Behavioral Health Services – Phoenix, AZ

February 23, 2009 – October 18, 2012

- Provided individual and group therapy to youth and families within the Creighton and Isaac School Districts
- Utilization of the Child and Family Team model
- Coordinated with physicians, schools, and community in order to provide integrated and collaborative care
- Participate in training new clinicians through shadowing opportunities during assessment and therapy
- Lead team of four clinicians in creating and developing curriculum for Girls Empowerment therapeutic groups
- Organized social skills program groups for over 50 youth during summers of 2010 and 2011

Recognitions: I Care Corps Partnership Award 2009-2010, Employee of the 3rd Quarter Nominee 2010, Employee of the 3rd Quarter 2011



Therese Giedraitis Hensler, LCSW

Foster Care and Adoptions Specialist

Children's Service Society of Wisconsin – Milwaukee, WI

September 2007 – February 2009

- Licensed foster and pre-adoptive families through regulatory procedures and psychosocial assessments
- Performed supportive and ongoing case management
- Facilitated crisis stabilization in preparing children and families for permanence
- Collaborated with professional teams and treatment foster care agencies
- Completed adoption court work and testimony
- Bureau of Milwaukee Child Welfare Workforce Steering Committee Agency Representative
- Foster Parent Handbook Committee Chairperson – lead the development of new foster parent handbook

Graduate Research Assistant

Southwest Interdisciplinary Research Center (SIRC) – Phoenix, AZ

2006 – 2007

- School Liaison for the Keepin' It Real Program – a multicultural drug prevention program implemented in middle schools
- Independently facilitated small groups of seventh grade students
- Intermediary between SIRC and schools involved in SIRC research
- Facilitated surveys, collected, and documented statistical data

Children's Mentor Advocate/Case Manager

Pan Lutheran Ministries – Raleigh, NC

2003 – 2004

- Provided case management services to homeless families in transitional housing programs to ensure residents were setting goals towards permanent housing
- Independently established and coordinated youth after-school and summer programs
- Assisted in writing job descriptions and training for volunteer recruitment
- Volunteer Task Force Committee Member
- Wake County Housing and Homeless Coalition Member



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GRADUATE INTERNSHIPS

Quality Assurance Intern La Causa, Inc. Social Services – Milwaukee, WI Summer 2007

On-Going Case Management Intern Child Protective Services – Phoenix, AZ Summer 2006

PROFESSIONAL VOLUNTEERING

PLAY Organization Board Member – (Arizona) 2021- current

Court Appointed Board Member – Foster Care Review Board (Arizona) December 2012 – January 2016

Part-Time Volunteer Coordinator – The Welcome to America Project (Arizona) 2005 – 2007

Full-Time Volunteer at Children's Orphanage – Voluntarios de la Esperanza (Santiago, Chile) 2004 – 2005

Full-Time Volunteer at Pan Lutheran Ministries – Jesuit Volunteer Corps (Raleigh, NC) 2003 – 2004

Children's Tutor – Delphi House: Foster Home for Children (Milwaukee, WI) 2000 – 2003